


LYNTON  
URBAN DISTRICT  
COUNCIL

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ANNUAL REPORT  
OF THE  
MEDICAL OFFICER OF HEALTH  
FOR THE YEAR  
1 9 7 0

Town Hall,  
LYNTON,  
North Devon.

Tel. Nos:  
Lynton 3288.  
Lynton 2204.



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LYNTON URBAN DISTRICT COUNCIL

To: The Chairman and Members of the  
Lynton Urban District Council.

Ladies and Gentlemen,

I have pleasure in presenting herewith my ANNUAL REPORT for the  
year ended 31st December, 1970.

PUBLIC HEALTH STAFF

Medical Officer of Health: Dr. M.P. Nightingale, M.R.C.S.,  
L.R.C.P.  
"Kneesworth", Hollerday Drive,  
Lynton.  
Private Tel. No: Lynton 2204.

Chief Public Health Inspector: Mr. T.J. Loveless, A.I.A.S.,  
M.A.P.H.I.  
Town Hall, Lynton.  
Tel. No: Lynton 3288.

Clerk: Miss G.A. Jones,  
Town Hall, Lynton.

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GENERAL STATISTICS

|                                                     |            |
|-----------------------------------------------------|------------|
| Area in Acres .....                                 | 7,628      |
| Population (Reg. Gen. Mid-year Estimate 1,710)..... | 1,981      |
| Number of inhabited houses .....                    | 642        |
| Rateable Value .....                                | £60,540    |
| Sum represented by 1d Rate .....                    | £232.17.2. |

VITAL STATISTICS

|                                                                                                                         |                            |
|-------------------------------------------------------------------------------------------------------------------------|----------------------------|
| Live Births: Legitimate: Males 12 Females 14 Total .....                                                                | 26                         |
| Illegitimate: Males Nil Females Nil Total .....                                                                         | Nil                        |
| Live Birth Rate per 1,000 population .....                                                                              | 15.2<br>(17.3<br>Adjusted) |
| Illegitimate live births per cent of total live births .....                                                            | Nil                        |
| Still Births: Legitimate: .....                                                                                         | Nil                        |
| Illegitimate: .....                                                                                                     | Nil                        |
| Total Live and Still Births .....                                                                                       | 26                         |
| Infant deaths under 1 year .....                                                                                        | Nil                        |
| Infant Mortality Rates per 1,000 total live births .....                                                                | Nil                        |
| "          "          "          "          "          "          "          " Legitimate. ..                           | Nil                        |
| "          "          "          "          "          "          "          " Illegitimate. ..                         | Nil                        |
| Neo-natal Mortality Rate (deaths under 4 weeks<br>per 1,000 total live births) .....                                    | Nil                        |
| Early Neo-natal Mortality Rate (deaths under 1 week<br>per 1,000 total live births) .....                               | Nil                        |
| Perinatal Mortality Rate (Still births and deaths under<br>1 week combined per 1,000 total live and Still births) ..... | Nil                        |
| Maternal Deaths (including abortion) .....                                                                              | Nil                        |
| Maternal Mortality Rate per 1,000 live and Still births .....                                                           | Nil                        |
| Deaths ... Males .... 17 Females .... 19 Total .....                                                                    | 36                         |
| Death rate per 1,000 population .....                                                                                   | 21.4                       |
| Death rate per 1,000 population adjusted .....                                                                          | 12.9                       |
| Births: Comparability Factor .....                                                                                      | 1.14                       |
| Deaths: Comparability Factor .....                                                                                      | 0.61                       |

## Deaths.

20 had reached the age of 75 and over  
12 " " " " " 65 - 74  
2 " " " " " 55 - 64  
1 " " " " " 45 - 54  
- was under 4 weeks old.

## Deaths from.

|                                            |       |
|--------------------------------------------|-------|
| Malignant Neoplasm, Stomach .....          | 1     |
| Malignant Neoplasm, Intestine .....        | 1     |
| Malignant Neoplasm, Lung, Bronchus .....   | 2     |
| Malignant Neoplasm, Breast .....           | 1     |
| Other Malignant Neoplasms .....            | 2     |
| Mental Disorders .....                     | 1     |
| Other Diseases of Nervous System .....     | 1     |
| Ischaemic Heart Disease .....              | 9     |
| Other Forms of Heart Disease .....         | 3     |
| Cerebrovascular Disease .....              | 7     |
| Other Diseases of Circulatory System ..... | 2     |
| Influenza .....                            | 1     |
| Pneumonia .....                            | 1     |
| Other Diseases of Digestive System ....    | 1     |
| Symptoms and Ill Defined Conditions .....  | 1     |
| All Other Accidents .....                  | 1     |
| Suicide and Self-Inflicted Injuries .....  | 1     |
|                                            | <hr/> |
|                                            | 36    |
|                                            | <hr/> |

## Notifiable Diseases.

Measles ..... 2

## Clinic and Treatment Centres.

The Devon County Council Health Clinic at Burvill Street, Lynton provides Consulting and Waiting Rooms for the Local Practitioners, accommodation for Health Visitor, and Health Education Relaxation and Dentist/Chiropodist.

The Chest Clinic for this area is held at the North Devon Infirmary Barnstaple.

## Tuberculosis.

Treatment for tuberculosis is carried out at the Hawkmoor Sanatorium near Bovey Tracey.

## Venereal Disease.

There were no reports of Venereal Disease. The nearest centre for treatment is at Barnstaple North Devon Infirmary and any cases that occur in this Urban District go direct to Barnstaple.

## Ambulance Service.

Responsibility for the provision of an Ambulance Service rests with the County Council and its Health Committee have arranged for this to be provided by the Lynton St. John Ambulance Association.

The Staff consists of one part-time Member, 5 men Volunteers and 4 Volunteer Nurses. The Ambulance is garaged at Cross Street, Lynton. The Hospital Car Service is available on application by Doctors to the Hospital.



### Isolation of Infectious Diseases.

The nearest Isolation Hospital for Infectious Diseases is the Kingsley Hospital at Bideford.

### Maternity.

There are three beds for maternity cases at the Lynton & District Cottage Hospital, with a fully qualified staff available. At Barnstaple there is a Maternity Unit with an additional ward available for cases of difficulty.

### Ante-Natal and Post-Natal Clinics.

Ante-Natal and Post-Natal Clinics are conducted at the Lynton Cottage Hospital by each General Practitioner in co-operation with the Hospital Staff.

### Home Help Scheme.

The Home Nursing Service is operated by one District Nurse in conjunction with Nursing and Midwifery duties. In addition, assistance in the home is given by one Home Help.

### Child Welfare.

The Centre is held at the Health Clinic, Burvill Street, Lynton, and is open on the first and third TUESDAYS in the month, with a County Council Welfare Worker in attendance.

### Vaccination and Immunisation.

Vaccination and Immunisation are carried out by the General Practitioners of the area and also at the Welfare Centre and the School Clinics.

### Laboratory Facilities.

Facilities are available for Bacteriological examinations of all kinds at the Public Health Laboratory, Exeter.

### Water Supply.

The following information regarding the main water supply from the North Devon Water Board's Works at Dean Steep, Lynton has been kindly given by the Chief Engineer (North).

The supply has been entirely satisfactory, both in quality and quantity, and no restrictions have had to be imposed. Bacteriological samples are taken weekly from various consumers' taps in the area of the supply and of the 104 samples taken, all proved satisfactory and equivalent to a Class 1 piped supply. Sample of bacteriological examinations are taken each month of the raw water and this varies from day to day, according to rainfall. Previous reports have contained The County's Public Health Laboratories' reports on the samples taken from the raw water inlet and the samples submitted after treatment and these examination reports are still applicable.

The supply is not plumbo-solvent and no action is necessary with regard to contamination.

Standpipes from Public Mains are not used in Lynton, supplies being taken direct to all properties. The number of dwelling houses supplied direct from public mains is 552 and the estimated population supplied is 1,590.

Fluoride is not introduced into the main supply.

sixteen samples from private supplies in the outlying district have been taken and five samples were equivalent to a Class 1 piped supply and eleven samples showed slight contamination.

### Sewerage.

The second stage of the scheme for the provision of a sewerage system for Barbrook Village continued and the first twelve properties have now been connected to the system. The scheme is being carried out by the Council's Direct Labour and to avoid the Summer traffic congestion the work is being carried out over three winter periods completion estimated to be 1972.

Two lengths of main sewer were replaced due to their defective condition, one at Lynbridge and one at Lydiate Lane. In both instances the cause of the defect was the shallow depth of the sewer in the public highway.

### Rainfall.

The following figures of rainfall were recorded at Woolhanger during 1970:-

|           | <u>Millimetres</u> |
|-----------|--------------------|
| January   | 168.1              |
| February  | 148.6              |
| March     | 122.1              |
| April     | 103.1              |
| May       | 26.8               |
| June      | 63.3               |
| July      | 135.6              |
| August    | 167.7              |
| September | 144.7              |
| October   | 151.7              |
| November  | 270.6              |
| December  | 77.1               |
|           | <hr/>              |
|           | 1,579.4            |
|           | <hr/>              |

### Swimming Pool.

One Public Swimming Pool exists in the Urban District and is under the control of the local authority. The Pool is sited on the Blacklands foreshore, Lynmouth, and is covered completely by each tide.

Two private pools are now in existence in the Urban District one adjoining the Tors Hotel and one at the rear of the Voluntary Primary School in Lynton. The Pools are filled once per year with water from the Town Supply, continuously circulated around the pool by means of a pump, filtered and chlorinated in process of circulation.

### Public Cleansing.

The collection and disposal of refuse, both from household and trade premises, was made weekly during the Winter months, and twice weekly during the holiday period. Farm houses and dwellings in outlying areas receive, by agreement, quarterly collections.

Collection is carried out by a Karrier Gamecock Rammilies 25 cu. yd. vehicle supplemented during the busy holiday period by a Bedford 35 cwt. lorry adapted for the purpose.

Large bulky types of household refuse are removed by the Council's tipping lorry on the request of householders.

Collection of litter from stands with plastic bag containers sited around the area is made on three occasions each week during the Summer months.

### Rodent Control.

The refuse tip remained free from heavy rodent infestation throughout the year and periodic treatment with Warfarin successfully kept the tip under control. A successful annual treatment of the Council's sewers was carried out in Lynton and Lynmouth.

All treatments and inspections were carried out by the Council's part-time Rodent Operator.

### INSPECTION AND SUPERVISION OF FOOD.

#### Food Premises in the District:-

|                           |    |
|---------------------------|----|
| Bakehouses                | 1  |
| Butcher's shops           | 3  |
| Cafes and Restaurants     | 22 |
| Confectioners             | 12 |
| Dairies                   | 1  |
| Grocer's Shops            | 10 |
| Licensed Premises         | 13 |
| Hotel and Boarding Houses | 64 |
| Greengrocers              | 4  |
| Fish and Chip shops       | -  |
| Fish Shops                | -  |

Twenty-Eight Food Premises are registered under Section 16 of the Food and Drugs Act, 1955 for the sale of Ice Cream.

#### Ice Cream.

Seventeen samples of ice cream were taken during the year for bacteriological examination the results being: Grade 1 - 7, Grade 2 - 4, Grade 3 - 4 and Grade 4 - 2.

#### Food Hygiene Regulations 1960.

|                                                                                                             |     |
|-------------------------------------------------------------------------------------------------------------|-----|
| Total Number of Food Premises:-                                                                             | 150 |
| Number of premises fitted to comply with Regulation 16 (provision of wash hand basins).                     | 94  |
| Number of premises to which Regulation 19 applies (provision of washing facilities for food and equipment). | 124 |
| Number of premises fitted to comply with Regulation 19.                                                     | 124 |

Twenty visits were paid to Food Premises during the year. No formal action has been necessary.

#### Meat Inspection.

The private slaughterhouse in Lynton did not operate during 1970, all Butchers obtaining their meat from outside the Urban District.

#### Poultry Inspection.

There are no poultry processing establishments within the District.



### Condemned Foodstuffs.

The following foodstuffs were condemned and disposed of by the Council at their Refuse Tip:-

|              |                       |
|--------------|-----------------------|
| Tinned Meat  | 5 tins (25 lbs. 12 oz |
| Tinned Fruit | -                     |
| Tinned Fish  | -                     |
| Fish         | -                     |
| Poultry      | -                     |
| Meat         | 18½ lbs.              |

### Milk Supply.

Three purveyors of milk are registered as distributors in the district. All milk supplied in the Urban District is either pasteurised or tuberculin tested.

### Diseases of Animals (Waste Foods) Order 1957.

There are no waste food boiling plants in the Urban District requiring licensing under the provisions of the above order.

This duty has been delegated by the Devon County Council.

### PETROLEUM.

The number of licensed premises in the year was 8.

### CARAVAN AND CAMPING.

| <u>Licensed Sites</u>       |                        |                 |               |
|-----------------------------|------------------------|-----------------|---------------|
| <u>Name of Site.</u>        | <u>Static Holiday.</u> | <u>Touring.</u> | <u>Total.</u> |
| Sunny Lyn,<br>Lynbridge.    | 31                     | 7               | 38            |
| West Lyn, Manor<br>Farm.    | 20                     | 32              | 52            |
| High Bullen.                | 1                      | -               | 1             |
| Sixacre Wood,<br>Lee Abbey. | 1                      | -               | 1             |

### OFFICES, SHOPS AND RAILWAY PREMISES ACT, 1963.

The number of premises registered at the end of 1969 was 51. Persons employed at registered premises were 89 males and 168 females - a total of 257 persons.

Total number of inspections made - 26.



# FACTORIES ACT, 1937 and 1948

## Part 1 of the Act

Inspections for purposes of provisions as to Health  
(including inspections made by Public Health Inspectors).

| Premises                                                                                                      | Number on Register | Number of   |                 |                      |
|---------------------------------------------------------------------------------------------------------------|--------------------|-------------|-----------------|----------------------|
|                                                                                                               |                    | Inspections | Written Notices | Occupiers Prosecuted |
| (i) Factories in which Sections 1,2,3,4 and 6 are to be enforced by Local Authorities.                        | Nil                | Nil         | Nil             | Nil                  |
| (ii) Factories not included in which Section 7 is enforced by the Local Authority.                            | 7                  | 3           | Nil             | Nil                  |
| (iii) Other premises in which Section 7 is enforced by the Local Authority (excluding out-workers' premises). | 1                  | 1           | Nil             | Nil                  |
| Total                                                                                                         | 8                  | 4           | Nil             | Nil                  |

Cases in which defects were found:

| Particulars                                                                  | Number of cases in which defects were found |          |                            |                            | Number of cases in which prosecutions were instituted |
|------------------------------------------------------------------------------|---------------------------------------------|----------|----------------------------|----------------------------|-------------------------------------------------------|
|                                                                              | Found                                       | Remedied | Referred to H.M. Inspector | Referred by H.M. Inspector |                                                       |
|                                                                              | (2)                                         | (3)      | (4)                        | (5)                        | (6)                                                   |
| Want of Cleanliness (S.1.)                                                   | Nil                                         | Nil      | Nil                        | Nil                        | Nil                                                   |
| Overcrowding (S.2.)                                                          | Nil                                         | Nil      | Nil                        | Nil                        | Nil                                                   |
| Unreasonable Temperature (S.3.)                                              | Nil                                         | Nil      | Nil                        | Nil                        | Nil                                                   |
| Inadequate Ventilation (S.4.)                                                | Nil                                         | Nil      | Nil                        | Nil                        | Nil                                                   |
| Ineffective Drainage of floors (S.6.)                                        | Nil                                         | Nil      | Nil                        | Nil                        | Nil                                                   |
| Sanitary Conveniences (S.7.) (a) Insufficient                                | Nil                                         | Nil      | Nil                        | Nil                        | Nil                                                   |
| (b) Unsuitable or defective                                                  | Nil                                         | Nil      | Nil                        | Nil                        | Nil                                                   |
| (c) Not separate for sexes                                                   | Nil                                         | Nil      | Nil                        | Nil                        | Nil                                                   |
| Other offences against the Act (not including offences relating to Out-work) | Nil                                         | Nil      | Nil                        | Nil                        | Nil                                                   |
| Total                                                                        | Nil                                         | Nil      | Nil                        | Nil                        | Nil                                                   |

### Old Peoples Home.

The Old Peoples Home at Rock Lodge, Lynton, providing accommodation for 15 Old Persons, a flat for the Matron and Deputy Matron was completed this year and will be opened during the early part of 1971. The Building is provided by The Devon County Council.

The eight old persons bungalows adjoining the Old Peoples Home provided by the Lynton Urban District Council, 6 single bedroom and 2 two bedroom bungalows were completed and occupied during the year. The bungalows are linked to the Old Peoples Home with a call bell system and the space and domestic heating will be provided to the bungalows and the home from a central boiler.

### HOUSING

|     |                                                                                                                                                                                  |     |
|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| (a) | Number of houses which on inspection were considered to be unfit for human habitation .....                                                                                      | Nil |
| (b) | Number of houses the defects of which were remedied in consequence of informal action by the Local Authority .....                                                               | Nil |
| (c) | Number of representations made to Local Authority with a view to (1) the service of notices requiring execution of works or (2) the making of Demolition of Closing Orders ..... | Nil |
| (d) | Number of notices served requiring the execution of works .....                                                                                                                  | Nil |
| (e) | Number of Closing Orders made .....                                                                                                                                              | Nil |
| (f) | Number of Demolition Orders made .....                                                                                                                                           | Nil |
| (g) | Number of houses in respect of which an undertaking was accepted .....                                                                                                           | Nil |
| (h) | Number of houses demolished .....                                                                                                                                                | Nil |

### Common Lodging Houses.

There are no Common Lodging Houses within the Urban District.

### Improvement Grants.

The Number of Standard Grants received and approved during the year amounted 10; 6 of which were owner-occupiers of the premises.

Amenities provided included:

|                          |    |
|--------------------------|----|
| Fixed bath               | 10 |
| Wash hand basin          | 10 |
| Hot water system         | 10 |
| W.C. within the dwelling | 1  |
| Sink                     | 6  |

I have the honour to be  
Ladies and Gentlemen,  
Your obedient Servant,

M. P. NIGHTINGALE, M.R.C.S., L.R.C.P.